

– Larry Jusdanis, SST Director, [www.sstcanada.com](http://www.sstcanada.com) – Tried the BNS Bands... in one phrase - "AWESOME". The ability to change and manipulate the resistance is an added benefit to any program. My athletes are going to love using these bands - not only are they easy to set up but the workouts which can be implemented are endless!

– Vice Anderson-Lujan, 2004 WABDL Class I World Powerlifting Champion – The BNS Max-Bands work great! The set up was easy... I am totally impressed with the simplicity and ease of set up. No more carrying freakin' dumbbells from across the gym.

– Scott Yard, Powerlifting Competitor, Westminster, MD – Got the BNS Max-Bands today, they are a good product. On the bench I worked up to 405 with 10 bands and it felt great, I am training for the APA Bench Worlds in October and hoping to go for a 700 pound bench as a junior at 242 or 275. Hopefully these bands will help...thanks.

– Kenny Croxdale, B.A., CSCS – "I am a powerlifter. I have the (large 40") jumpstretch bands as well as chains... Both are great. However, I have found the BNS Bands to be much easier to set up and use."

– Mark Schworm, Schenectody, NY – Mike, just wanted to let you know I tried the bands for the first time today and I am very impressed with them. I used them on flat & incline bench and also close grip bench, got an excellent workout.

– Mark Neal, Seattle, WA – The BNS Bands are great and have allowed me to do benches again with a barbell. I'm 50 and have arthritis in my left shoulder that only allowed stuff like hammer strength, but something about the constant tension of the bands lets me to do explosive benches with no pain.